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Your essential daily news | MONDAY, AUGUST 17, 2015

High 32°C/Low 17°C Feelin' hot, hot, hot



Firefighters scan the water of Lake Banook on Sunday for signs of a swimmer. A body was later recovered from the Dartmouth lake. JEFF HARPER/METRO

Tragic day on N.S. lakes

SAFETY

Halifax police urge caution after three deaths on Sunday



**Haley
Ryan**
Metro | Halifax

Citizens are being reminded to take caution while boating and swimming this summer, following a sad day on Nova Scotia waters.

Three people died in the province's lakes Sunday.

Two male kayakers capsized on Shortts Lake near Truro just before 6 a.m. after becoming distressed, the RCMP said, with one being rescued by a bystander while the other was lost. His body was recovered at about 1:15 p.m.

Meanwhile, a male swimmer was seen struggling halfway across Lake Banook in Dartmouth before disappearing at about noon, according to Halifax Regional Police. His body was recovered at about 5:20 p.m., police said.

Then at around 3 p.m., Halifax police responded to Chocolate Lake Beach in Halifax, where a 52-year-old man was found unresponsive in the water before being taken to hospital.

Police issued a news release later Sunday evening stating he, too, had died in Halifax hospital as a result of drowning.

"To have all of those incidents occur on one day, that is uncommon," Const. Dal Hutchinson of the Colchester District RCMP said later Sunday.

"(But) a lot of people are getting out to enjoy the heat, and especially with it being a Sunday, there's more people on the water."

It's always important to think "safety first" when on lakes or in the ocean, Hutchinson said, and make sure you are wearing a personal flotation device while boating and swim with someone else.

It's also vital to ensure you have enough water to stay hydrated while being in the sun all day, Hutchinson said.

"It's extremely exhausting," he said. "One has to take measures to keep oneself safe, for sure."

More in metroNEWS, page 5



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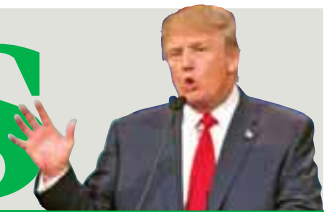
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People mountain bike on the BLT trail, alongside St. Margarets Bay Road, on Aug. 9 as part of an event put on by Our HRM Alliance. TRISTAN GLEN/CONTRIBUTED

Greenbelt events gather support in 'the most fun way' possible

EXPLORATION

Over 200 people hike, bike through Halifax region



Haley Ryan
Metro | Halifax

The fight to protect HRM green space has earned another few dozen recruits, thanks to recent scenic bike and hike trips, according to one organizer.

On Sunday afternoon, the Hike the Greenbelt series of about 13 events organized by Our HRM Alliance wrapped up with a hike through the Purcell's Cove backlands. Cit-



Participants leave Point Pleasant Park to paddle out to McNabs Island on July 18. TRISTAN GLEN/CONTRIBUTED

izens have been getting out on guided hikes, bikes and kayaking trips to better appreciate the region's green

spaces throughout the summer, Tristan Cleveland said.

"I really felt like it was worth doing when someone

“We’re so excited by the community response.”

Tristan Cleveland of the Ecology Action Centre

looked at me and said, ‘Then why haven’t we got this protected yet?’” said Cleveland, Our HRM co-ordinator for the Ecology Action Centre.

The events have been aimed at helping residents explore parts of the Halifax area they might never have been able to access or known existed, Cleveland said, in light of the city beginning work on the first Halifax Green Network Plan, which will ensure certain lakes and green spaces are officially

protected.

“The turnout kept getting bigger as we went along,” Cleveland said, adding the events began with 20 to 30 people and ended with nearly 70 on some trips.

For those who saw scenic spots such as the Blue Mountain-Birch Cove Lakes wilderness area or Purcell's Cove backlands for the first time, many were surprised by the diversity of wildlife and landscapes that were so close to the urban core, Cleveland said.

“When people understand what’s there ... there is so much support for getting these assets protected,” he said.

“We really did have people saying to us, ‘Oh, well in that case, let’s do something about this.’”

Tristan Glen, also of the Ecology Action Centre, led all the events over the past few weeks, which attracted about 200 people and featured a 216-kilometre loop around Halifax Regional Municipality, he said Sunday.

Glen said he had many people asking to be kept informed about how the Green Network Plan is progressing, and they plan on bringing more friends on hiking and biking trails now that they know where they are.

“Now we’ve just got that much more support to get them protected,” Glen said of areas such as Blue Mountain and Sandy Lake.

“And we did it in the most fun way I could imagine.”

More than castles in the sand



1 Dino design
Members of the Samson, Haynes and Kuzyk families work on a huge sculpture Sunday during the annual Clam Harbour Beach Sandcastle Competition.

2 Fairy tale
Shawn Gayton builds a multi-towered castle Sunday during the competition.

3 Millennium Falcon
A team works on a model of the Millennium Falcon at Clam Harbour Beach on Sunday.

4 Minions
Jordan Ladouceur of Dartmouth puts the finishing touches on a pair of minions Sunday.



**CLAM
HARBOUR
SANDCASTLE
COMPETITION**

All photos by
Jeff Harper
Metro





Fire crews search waters near Dartmouth on Sunday. JEFF HARPER/METRO

RCMP

Body of missing kayaker recovered

RCMP say they have recovered the body of a missing kayaker from a Nova Scotia lake.

Police said two young men, ages 22 and 23, were kayaking on Shortts Lake near Truro on Sunday morning when they became distressed and started swimming towards the shore. Investigators say an area resident was able to rescue the 22-year-old man, but was not able to find the 23-year-old. A number of rescue teams — including police, fire and search and rescue crews — were called to help with the search.

Police said they scoured the area for about four hours before switching to a recovery operation. They said an RCMP helicopter spotted the man's body in the water on Sunday afternoon.

Police have not released the identity of the deceased kayaker.

THE CANADIAN PRESS

Man dies in Lake Banook

DROWNING

Police in the process of identifying the swimmer



Haley Ryan
Metro | Halifax

A man has died in an apparent drowning at Dartmouth's Lake Banook on Sunday.

Halifax Regional Police said a New Brunswick RCMP dive team recovered the body of a male swimmer at about 5:20 p.m., five hours after he was last seen struggling in the middle of the lake.

"It's sad," said bystander Jean Graves, shaking her head.

Jean and Steve Graves stopped by the area about 10 minutes after the swimmer was last seen at 11:55 a.m., Jean said.

They saw a duffel bag on the shoreline below the gazebo directly across the lake from



I'm shocked that they're still letting people over at Birch Cove.

Steve Graves, bystander

Birch Cove Beach.

Steve said they heard from another bystander that the man had left his bag on the shore before swimming towards the beach.

A drowning at Lake Banook is very unusual, Steve said,

adding "this is the first that I've heard."

Birch Cove Beach was closed for about a half hour while Steve said he saw police in the area, but people were soon allowed back on the sand and in the water as boats searched the area.

"I'm shocked that they're still letting people over at Birch Cove," he said.

"To me they shouldn't be." "Especially if there's kids over there," Jean added.

Staff Sgt. Greg Mason of Halifax Regional Police said Sunday a civilian originally

notified some police patrol members there was a person struggling in the water of Lake Banook near Birch Cove Beach.

The police officers, as well as lake patrol, fire fighters, paramedics, area lifeguards and civilians on their privately owned boats, immediately began searching the area, but the man wasn't found until his body was recovered in the evening.

Gibbons said police are in the process of identifying the swimmer, and the investigation continues.

IN BRIEF

Girl completes crossing of Northumberland Strait

A New Brunswick girl vying to set the Guinness World Record for the youngest person to swim across the Northumberland Strait completed the 15-kilometre crossing on Sunday. Twelve-year-old Brooklyn Douthright of Riverview completed the swim from Cape Jourimain, N.B., to Borden-Carleton, P.E.I., in about four hours. THE CANADIAN PRESS

+ DROWNING VICTIM FOUND IN CHOCOLATE LAKE NOW DEAD

Halifax Regional Police issued a news release Sunday stating a 52-year-old

man, found unresponsive in the water by a swimmer at Chocolate Lake at about 3

p.m., also died as a result of drowning, after being taken to hospital. METRO

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	- and -		
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Donair devotees hit city streets for inaugural crawl

FOOD

Gourmand takes on gut-busting challenge

Heide Pearson
For Metro | Halifax

Ready, set, crawl!

Or at least that's what the donair enthusiasts likely did to get home from the first-ever Halifax Donair Crawl on Saturday afternoon.

Nearly 200 people lined the sidewalk outside King of Donair on Quinpool Road at 2 p.m. to get things started with their first garlicky treat.

Denton Froese was determined from that point to make it to the end.

Donair 1, King of Donair, 2:10 p.m.

"I'm feeling great," said Froese, who was prepared for the challenge dressed in his Halifax Donair Crawl T-shirt and a lab coat for the mess.

"I'm confident that my body isn't going to revolt against this. My mind, my body, my soul are all in agreement," he said, thinking ahead to his sixth donair.

Donair 3, Tony's Donair, 3 p.m.

After eating the Robie Street Station doughnairnut and a donair at Tony's, Froese was still going strong. The crowd had tapered off some, but there were still dozens of people coming and going.

"It sounds strange to think

that it could be a doughnut that is the linchpin in the success here," Froese said about the doughnairnut, which was filling crawlers' stomachs faster than they bargained for.

Donair 5, Sicilian, 3:45 p.m.

"OK, this time I will admit, the food level is getting closer to the top of the stomach," said Froese, looking across the street to the final stop on the tour, Johnny K's Authentic Donairs.

Froese hadn't had anything to drink all day, because that would take up too much prized stomach volume.

"I can tell that my time is running short on this," he said. "But I can see the finish line."

Donair 6, Johnny K's, 4 p.m.

"As I was going through that last donair, I could feel the success of the day's adventure and I felt like I was ready to go another round," Froese said.

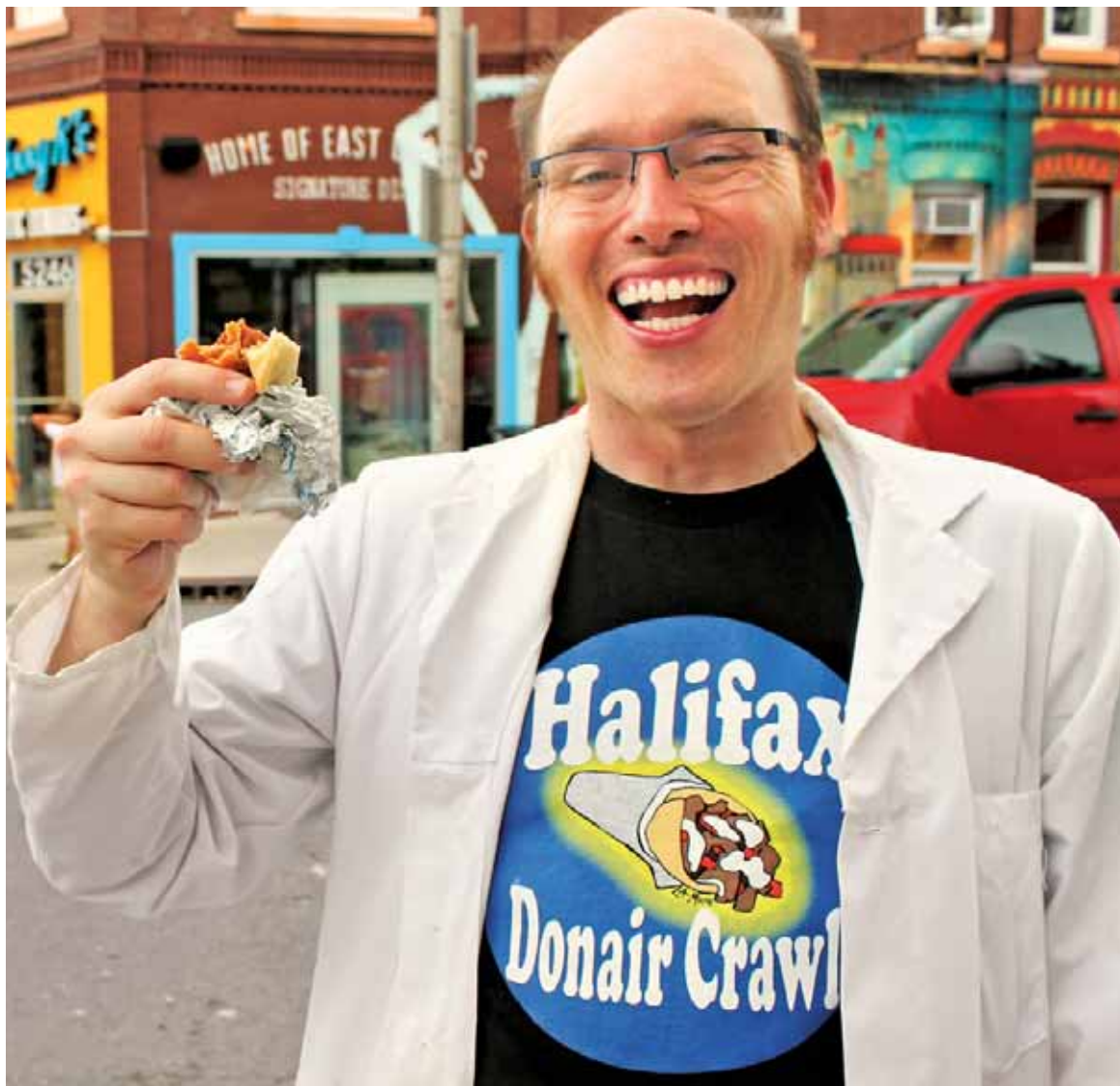
"And then I sat down and thought about everything I'd eaten and I'm really glad I don't have to gamble on a seventh one."

By the end of the road, the gathering in downtown Halifax at what's commonly referred to as Pizza Corner was smaller than when the crawl started off, but everyone was more than satisfied.

"It was everything I wanted," Froese said.

When organizer Amy Langdon was asked if she would do this all again next year, she said, "I don't think I have a choice!"

So, Halifax, will you be in on the second annual Donair Crawl?



Denton Froese chows down on Saturday afternoon during the first-ever Halifax Donair Crawl. HEIDE PEARSON/FOR METRO

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Shooting accused in court

ENFIELD

Man had 20 prior violations dating to 1991



Zane Woodford
Metro | Halifax

The man charged with second-degree murder after a shooting in Enfield last week made his first court appearance Friday.

Joseph James Greene, 53, looked around the courtroom, then sat silently as a date was set for his next appearance.

He did not apply for bail, and will be back in court Sept. 17 to set a date for a preliminary hearing, if the defence has received sufficient disclosure of the Crown's evidence by that time.

"It doesn't seem to be an

overly complex case, so we're hoping to have disclosure by then," Crown attorney Eric Taylor said Friday.

"We've received a very shortened version of the police report, and it just seems to be there's a limited number of witnesses, a limited number of evidence available ... and we should be able to get the fairly small amount of disclosure obtained pretty quickly."

Greene is familiar with the justice system.

According to court records, he has 20 prior convictions

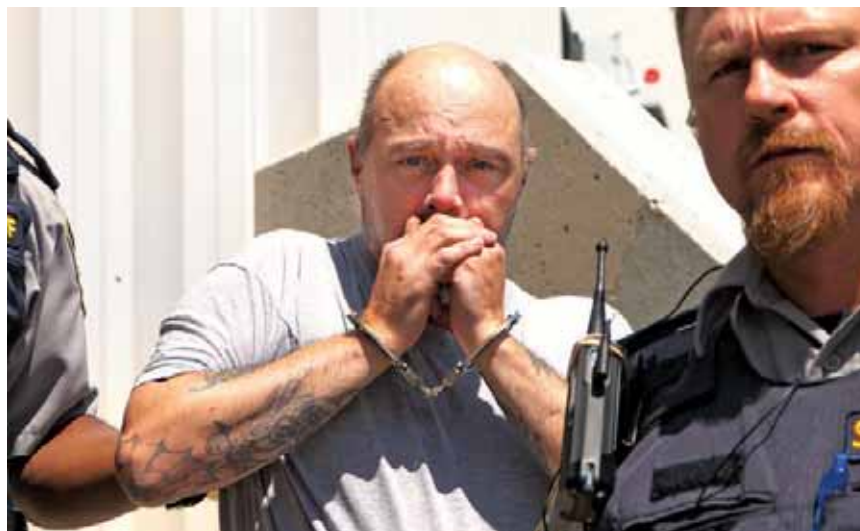


We should be able to get the fairly small amount of disclosure obtained pretty quickly.

Crown attorney Eric Taylor

dating back to 1991 for crimes including possession of a weapon, aggravated assault, criminal harassment, impaired driving, animal cruelty and most recently, theft under \$5,000 in Nov. 2013.

Police said the Kings County man was arrested in an apartment building in Kentville last Thursday around 6 a.m.



Joseph James Greene is escorted from Dartmouth provincial court to a waiting sheriff's vehicle Friday afternoon. The 53-year-old was charged with second-degree murder in connection with the shooting of Patrick Ernest Deagle, 47, of Bedford, N.S. ZANE WOODFORD/METRO

He was remanded to custody Friday and sent to the Central Nova Scotia Correctional Facility in Burnside.

Greene was arrested after officers responded to a report of a weapons complaint at a

residence on Stage Road in Enfield on Wednesday around 1:50 p.m.

Police said that when officers arrived, Patrick Ernest Deagle, 47, of Bedford, was outside the residence suffering from a

gunshot wound and later died.

"Our thoughts are with the friends and family of Mr. Deagle," Halifax RCMP wrote in a news release Friday.

WITH FILES FROM STEPHANIE TAYLOR/METRO

SURVEY

N.S. split on ferry funding

A survey commissioned by the provincial government says Nova Scotians who were questioned were split on whether the government should provide financial support for the ferry between Yarmouth and Main.

The survey, obtained by The Canadian Press through access to information legislation, said 47 per cent of respondents favoured the use of government funds to restore the service, while 48 per cent opposed it.

It also said 41 per cent supported ongoing financial support for the ferry, while 55 per cent opposed it.

The survey, conducted by Corporate Research Associates this winter, did not specify a dollar amount for the government support.

The province has committed \$13 million in funding this year after spending \$28.5 million to subsidize the ferry last season.

Transportation Minister Geoff MacLellan is expected to give an update on the ferry service this week.

THE CANADIAN PRESS

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City will grant \$75k to promote French

EDUCATION

'We need to have a better sense of belonging': Lucien Comeau



Stephanie Taylor
Metro | Halifax

The end of a long journey for Lucien Comeau turned into a new beginning for Halifax Regional Municipality's francophone community.

The father at the centre of a human rights complaint against the city, alleging discrimination on behalf of the Acadian and francophone community for denial of supplementary funding to schools in the Conseil scolaire acadien school board, received an official apology from Mayor Mike Savage and an inked promise to do better.

"It's something that I was looking forward to for many years,"

Comeau said Friday, following a ceremony in Grand Parade during which the city announced a new restorative agreement between the two parties.

Comeau first lodged his complaint with the Nova Scotia Human Rights Commission in 2003 on the basis that the board responsible for French-speaking schools in the municipality did not receive funds collected from ratepayers the way English-speaking schools did under the Halifax Regional School Board.

Through the new deal, the city promises to contribute a \$75,000 grant to a charity or foundation supporting students studying French at either a high school or post-secondary level in the city.

The city said it will continue to work with the committee to improve relations, such as ensuring students are able to find employment after graduation.

"The new initiatives are to make sure that our community felt included in the fabric of the city," he said. "We need to have a sense of belonging."



HRM is prepared to contribute funds to a foundation or a charity that supports students wishing to study French at the high school or post-secondary level in the region.

METRO FILE

COURT

Woman denied bail in manslaughter case



Zane Woodford
Metro | Halifax

A woman accused of manslaughter in a June stabbing was denied bail Friday morning.

At a show cause hearing Thursday, Judge Alana Murphy chose to reserve her decision on whether 54-year-old Michelle Florence Rhyno should be granted bail until the following morning.

On Friday, she denied the request, meaning Rhyno will remain behind bars.

Metro cannot report on the arguments made by the Crown or defence Thursday, because

Murphy granted the defence a publication ban on the evidence used to make those arguments.

Rhyno is also charged with robbery for the June 18 incident, during which her 22-year-old son, Michael Raymond Rhyno, is charged with second-degree murder, robbery and possession of a dangerous weapon.

Because of the second-degree murder charge against him, Michael Rhyno will have to apply for bail at Supreme Court in Halifax.

The victim, Bradley Knoll, 59, was found stabbed to death in front of the Big Life Café on Portland Street in Dartmouth during the early morning hours June 18.



IN BRIEF

Demolition of St. Patrick's school begins today

The end is nigh for the former St. Patrick's High School on Quinpool Road in central Halifax.

Demolition of the west wing of the building is set to begin Monday, according to a Halifax Regional Municipality news release.

The city warns that construction will require the closure of the trail from today until Monday, Aug. 24.

In the meantime, residents have until Aug. 17 to fill out online surveys and look over preliminary designs on the future redevelopment of the site.

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HOSPITALS

Critics pore over high EMS payments

Critics say the Ontario government should pay the bill when patients are forced to take air or ground ambulances because their local hospital doesn't offer the service or treatment they need.

The Liberals made a deliberate decision to allow only certain hospitals to offer services such as neo-natal or cardiac care, which forces patients in northern Ontario to travel great distances, said New Democrat health critic France Gelinas.

Hospitals in northern and rural Ontario are "shells of what they used to be," and offer very little in the way of actual services for many patients, said Gelinas.

"They stabilize you long enough for Ornge (air ambulance service) to ship you out," she said. "This has become our hospital service in northern Ontario, and hospital services are covered by medicare and should be covered by the government."

The recent case of an Alberta woman hit with a huge bill for an Ornge air-ambulance ride from Timmins to Sudbury highlights the problem, said Gelinas. Staff at the Timmins hospital advised Amy Savill to fly to Sudbury because they were unable to care for her safely after she went into labour prematurely.

"Timmins should have had a neo-natal unit to handle the needs of her newborn baby," said Gelinas.

Ornge could not comment on a specific case, but said a one-hour flight on a helicopter ambulance would cost between \$8,000 and \$10,000. THE CANADIAN PRESS

IN BRIEF

Wildfire in B.C. destroys 29 homes, forces evacuations

Twenty-nine homes have been confirmed lost in an immense wildfire in southeastern British Columbia several days after the blaze sparked and forced hundreds to flee.

Alan Stanley of the Kootenay Boundary Regional District said everyone is hopeful that no more homes will be lost to the 37 square-kilometre Rock Creek fire.

The B.C. Wildfire Service hadn't forecast wind — the biggest challenge to fighting the fire — for Sunday, but he warned that situation could change quickly.

"You can't guarantee anything with a wildfire," Stanley said. THE CANADIAN PRESS

Harper's rivals keeping spotlight on Duffy affair

ELECTION 2015

Prime Minister denies parallel to sponsorship scandal

Stephen Harper called any comparison between the Mike Duffy affair and the Liberal sponsorship scandal "absurd" as the Conservative leader faced more questions on Sunday from reporters and attacks from his opponents about the senator.

The Duffy issue stayed in the election campaign spotlight after revelations emerged last week during the senator's fraud, breach of trust and bribery trial.

Harper was reminded Sunday by a reporter how he wouldn't accept claims years ago that former Liberal prime minister Jean Chrétien and then-finance minister Paul Martin knew nothing about the sponsorship scandal in the 1990s.

The Tory leader was then asked to explain the difference between that situation and the Duffy affair, which Harper has insisted he knew nothing about.

"Look, in the Liberal sponsorship scandal \$40 million of



Liberal Leader Justin Trudeau, right, greets NDP Leader Thomas Mulcair during a campaign stop at the annual Pride Parade in Montreal on Sunday.

GRAHAM HUGHES/THE CANADIAN PRESS

Canadian taxpayers' (money) disappeared," Harper said.

"So, I think the comparison is absurd.

"This case we have a senator whose expenses, in our judgment, were not justifiable and my response was that he should

pay those expenses back."

Harper's rivals sought to keep the Duffy issue alive on Sunday as the campaign entered its third week.

Liberal Leader Justin Trudeau sent an open letter to Harper, demanding explanations to alleged contradictions and inconsistencies in his statements, and those of some of his cabinet ministers.

In the letter, Trudeau also called on Harper to fire members of his team who were al-

legedly involved in a Duffy coverup.

"Mr. Harper continues to ignore the calls for answering questions, for explaining why he keeps these people who have been involved in part of a coverup to hide the truth from Canadians — why he continues to keep them around him, indeed, running his campaign," Trudeau told reporters in Montreal, where he attended a Pride event.

Last week, Harper said the



PM Stephen Harper. SEAN KILPATRICK/THE CANADIAN PRESS

"vast majority" of his staff were unaware of a scheme to fake Duffy's personal repayment of Senate expenses. The statement marked a shift from Harper's previous position that only one person was aware.

One of the people informed about the plan by Harper's then-chief of staff, Nigel Wright, to repay Duffy's expenses was Ray Novak, Harper's current chief of staff, close confidant and a senior Conservative Party campaign director.

New Democrat Leader Thomas Mulcair was asked Sunday whether some of Harper's staffers should lose their jobs over the Duffy scheme.

"Well, I think somebody should be fired for the whole Duffy-Wright affair," Mulcair said in Montreal, where he also attended the Pride event.

"On October 19, Canadians will get a chance to fire that person responsible for that whole mess — and that is Stephen Harper." THE CANADIAN PRESS



On October 19, Canadians will get a chance to fire that person responsible for the whole mess — and that is Stephen Harper.

New Democrat Leader Thomas Mulcair

EDUCATION

'Flipped classrooms' progressing forward

As Canadian kids prepare to head back to school, there's a growing movement gaining traction across the country that involves students learning their lessons at home and doing their homework at school.

It's called the "flipped classroom" — students watch an online video of a lesson as homework, and then work on problems during class time.

The method is becoming more prominent as technology in schools allows for videos to be accessed easily, either on custom-made sites, on YouTube or downloaded to a device.

A high school in Newmarket, Ont. — Sir William Mulock Secondary School — is making the leap. Colloquially, they call it a

"Bring-Your-Own-Device" school where every student has to have a laptop or tablet to be able to use the technology.

That technology has allowed teachers to flip their classrooms.

Donna Green, a math teacher at the school, flipped her Grade 10 academic math class in the second semester. She uses technology that captures video of her computer screen along with her voice as she progresses through a lesson.

Despite some of the drawbacks — most of the criticism has centred on the fact that low-income students may not have access to the technology required — Green and other teachers argue that flipped classrooms are better for the students. THE CANADIAN PRESS



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PRESIDENTIAL CAMPAIGN

Trump targets Mexicans in policy

The U.S. presidential campaign of Donald Trump has entered a new phase: that of releasing a few policy specifics spelling out how he'd govern.

In an indication the reality star-businessman intends his presidential run to be more than a mere celebrity stunt, he's hired staff in early primary states and he released his first platform paper Sunday.

The eight-page paper on immigration threatens the Mexican government, the business community and millions of families living in the U.S. under uncertain legal status.

One section explains how he would build a multibillion-dollar wall across the southern border of the U.S. and get the Mexican government to pay for it.

Trump says he'd apply financial pressure until the Mexicans pay up. He says he'd impound cross-border remittance payments linked to illegal wages; hike fees for work visas for Mexican CEOs and diplomats; and increase fees for border-crossing cards and NAFTA worker visas from Mexico.

He would triple the number of U.S. immigration officers; end job visas for foreign students; defund so-called sanctuary cities that shelter undocumented migrants; detain and deport undocumented migrants; suspend the granting of green cards until more unemployed Americans enter the work force; and end automatic citizenship for babies born in the U.S.

Trump has also said he'd undo President Barack Obama's executive orders, including one that granted residency rights to the children of people who entered the U.S. illegally.

Those actions would affect millions of people.

THE ASSOCIATED PRESS

Search for missing plane extends to remote Papua

INDONESIA

Local villagers report seeing aircraft crash into mountain

An airliner carrying 54 people went missing Sunday during a short flight in bad weather in Indonesia's mountainous easternmost province of Papua, and rescuers were heading to an area where villagers reported seeing a plane crash into a mountain, officials said.

The Trigana Air Service plane was flying from Papua's provincial capital, Jayapura, to the Papua city of Oksibil when it lost contact with Oksibil's airport, said Transportation Ministry spokesman Julius Barata. There was no indication that the pilot had made a distress call, he said.

The ATR42-300 twin turboprop plane was carrying 49 passengers and five crew members on the scheduled 42-minute journey, Barata said. Five children, including two infants, were among the passengers.

Local media reports said all the passengers are Indonesians. The airline did not immediately release a passenger manifest.

Oksibil, which is about 280 kilometres south of Jayapura, was experiencing heavy rain, strong winds and fog when the plane lost contact with



Relatives of passengers on the missing Trigana Air Service flight stand in front of its closed offices at Sentani airport in Jayapura, on Sunday, showing concern about the unaccounted-for twin turboprop plane carrying 49 passengers and five crew members. THE ASSOCIATED PRESS

the airport minutes before it was scheduled to land, said Susanto, the head of Papua's search and rescue agency.

Residents of Okbape village in Papua's Bintang district told local police that they saw a plane flying low before crashing into a mountain, said Susanto, who, like many Indonesians goes by one name.

He said about 150 rescuers were heading to the remote area, which is known for its dense forest and steep cliffs, and would begin searching for the plane early Monday.

Okbape is about 24 kilometres west of Oksibil.

At a news conference Sunday night at the transport ministry in Jakarta, officials said they would not have any details on the villagers' report until rescuers reach the area.

"We are now working closely with the National Search and Rescue Agency to find the plane," said Transport Minister Ignasius Jonan.

ter Ignasius Jonan.

A plane was sent Sunday to look for the missing airliner, but the search was suspended due to darkness and limited visibility and will resume Monday morning, Susanto said.

Much of Papua is covered with impenetrable jungles and mountains. Some planes that have crashed there in the past have never been found.

Dudi Sudibyo, an aviation analyst, said that Papua is a particularly dangerous place to fly because of its mountainous terrain and rapidly

changing weather patterns. "I can say that a pilot who is capable of flying there will be able to fly an aircraft in any part of the world," he said.

Indonesia has had its share of airline woes in recent years. The sprawling archipelago nation of 250 million people and some 17,000 islands is one of Asia's most rapidly expanding airline markets, but is struggling to provide enough qualified pilots, mechanics, air traffic controllers and updated airport technology to ensure safety.

THE ASSOCIATED PRESS

We are now working closely with the National Search and Rescue Agency.

Jakarta Transport Minister Ignasius Jonan

IN BRIEF

Former NAACP leader and civil rights activist dies at 75

Julian Bond, a civil rights activist and longtime board chairman of the NAACP, has died. He was 75.

The Southern Poverty Law Center says Bond died Saturday night in Fort Walton Beach, Fla., after a brief illness. Bond was considered a symbol and icon of the 1960s civil rights movement. He was on the front lines of protests that led to the landmark civil rights laws in the U.S.

THE ASSOCIATED PRESS

Sixty same-sex couples say 'I do' in Puerto Rico

More than 60 couples from around the region have gathered in Puerto Rico's capital to exchange vows at a same-sex marriage ceremony.

The Sunday ceremony in San Juan's colonial district is taking the couples through the traditional marriage vows following the landmark U.S. Supreme Court ruling requiring every state to recognize same-sex marriages.

THE ASSOCIATED PRESS

CHINA

Lethal sodium cyanide in Tianjin blasts

Authorities pulled more bodies from a massive blast site at China's Tianjin port, pushing the death toll to 112 on Sunday as teams rushed to clear dangerous chemicals and prosecutors prepared an investigation into those responsible for the disaster.

More than 700 people were injured and 95 people — including dozens of firefighters — are missing after a fire and rapid succession of blasts late Wednesday hit a warehouse for hazardous chemicals in a mostly industrial area of Tianjin, 120 kilometres east of Beijing.



The Tianjin explosions are among the deadliest industrial accidents in China. CHINATOPIX VIA THE ASSOCIATED PRESS

By Sunday, authorities confirmed there were "several hundred" tonnes of the toxic chem-

ical sodium cyanide on the site at the time of the blasts, although they said there have not been

any substantial leaks.

Sodium cyanide is a toxic chemical that can form a flammable gas upon contact with water, and several hundred tonnes would be a clear violation of rules cited by state media that the warehouse could store no more than 10 tonnes at a time.

Tianjin officials have ordered a citywide check on any potential safety risks and violation of fire rules, mandating suspension of operations for factories that cannot immediately comply with safety rules.

THE ASSOCIATED PRESS



Global demand for lower-alcohol products such as Coors Light is growing. THE ASSOCIATED PRESS

Battle of brewers looming

RETAIL

Canadian beer giants set to fend off push by SABMiller

A beer war is brewing in Canada as SABMiller seeks to grow its presence following its divorce from partner Molson Coors.

Just four months after forming a Canadian subsidiary, the world's second-largest brewer is targeting dominant rivals Molson Coors and Inbev's Labatt. "To say that we're going to overtake the two big boys would be a bit of stretch so I would be happy to settle in at No. 3," said general manager Paul Verdu.

SABMiller Canada hopes Miller Lite — available in Ontario and Newfoundland until 2010 — will steal market share from dominant players Coors Light and Bud Light.

Miller Genuine Draft, previ-

ously sold for about 20 years through a partnership with Molson Coors Canada, and premium brands such as Peroni, Pilsner Urquell and Grolsch will also be sold in Canada, though primarily outside Quebec.

Global demand for light beers has been growing. It accounts for about half of total beer sales in the U.S., but less than 30 per cent in Canada.

Beer market specialist Plato Logic estimates light beers account for 20 per cent of total beer volume and have been growing 2.1 per cent annually over the past five years.

Verdu sees opportunities for the "original" light beer — Miller Lite — if only the beermaker can convince Canadian drinkers to give it a try.

The company plans to spend heavily to promote its brands and hopes to get help by not charging Ontario bars and restaurants the hefty premium they face from all other brewers except Brick Brewing's Waterloo brand.

THE CANADIAN PRESS

FINANCE

Merkel doubts Greek bailout will succeed

German Chancellor Angela Merkel says there's no certainty the latest bailout for Greece will succeed but she is hopeful the country can overcome its economic crisis if it adheres to the agreements forged with its creditors.

Merkel also told German broadcaster ZDF that Greece can't expect its debt to be cut.

The International Monetary Fund has insisted that Greece must be given some form of

debt relief before it will participate in any new bailout, something Germany wants.

But Merkel said while repayment periods may be extended and interest rates can be tweaked, a so-called debt "haircut" is ruled out.

Dozens of lawmakers in Merkel's conservative bloc plan to oppose the new bailout package for Greece at a special session of Parliament on Wednesday.

This past Friday, finance min-

isters of the 19-nation euro single currency group approved the first 26 billion euros (\$29 billion US) of a vast new bailout package to help rebuild Greece's shattered economy.

The approval came after Greece's parliament passed a slew of painful reforms and spending cuts after a marathon overnight session that divided the governing party, raising the spectre of early elections.

THE ASSOCIATED PRESS



German Chancellor Angela Merkel. THE ASSOCIATED PRESS

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IN BRIEF

GlaxoSmithKline set to reopen bacteria-hit plant

Drugmaker GlaxoSmith-Kline plans to resume operations on Monday at a North Carolina plant that closed Aug. 11 after bacteria that cause Legionnaires' disease was found in cooling towers.

THE ASSOCIATED PRESS

China moving to more sustainable growth: IMF

The International Monetary Fund says China is transitioning to slower but more stable growth as part of a plan to wean China from overdependence on exports and toward growth built on consumer spending.

THE ASSOCIATED PRESS

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ROSEMARY WESTWOOD metroview

Why we resist and deny facts that don't match our beliefs

There are ideas, there are opinions, and there are harder-held beliefs.

And once a person gets hold of a few of these, it sometimes seems, they'll never let them go. As if there's no way to change a mind, and little interest in changing your own.

When I worked at a student newspaper, I had a conservative editor-in-chief. He was the first conservative I'd ever, knowingly, met.

Universities are hotbeds of liberalism, their newspapers among the most overtly political press in the country. He, you can imagine, was an outlier.

And yet we had some of the most interesting debates I've been party to. He made me think more clearly through his questions. He was far less dogmatic than the rest of us, far more curious, far less self-righteous.

Writing a column should be fodder for a good debate. I've considered an issue, tried to figure out what I think, and why. I've tried to prod others to do the same. Making people angry might get clicks, but making people think is surely a better goal.

And yet sometimes I fear it's impossible. I fear we argue, and mistakenly romanticize it as debate.

I'm not sure that anyone who wants to debate my column with me ever really tried to understand me in the first

place. And thus, I'm not sure I care to understand them.

I doubt anyone who likes a column likes it because I made them think differently. I more likely gave words to what they already believed.

What can really change a person's mind? Or can anything?

A 2014 New Yorker piece explored the research behind false beliefs — opinions held despite overwhelming evidence to the contrary — and whether people who hold them can be convinced otherwise. It seems that "If information doesn't square with someone's prior beliefs, he discards the beliefs if they're weak and discards the information if the beliefs are strong."

In other words, if you challenge something I hold dear, I'm far less likely to accept your argument, no matter how irrefutable it may be.

Researchers did find a hopeful loophole: If you make someone feel safe, if you don't appear to fundamentally threaten who they are, they more easily shed false beliefs.

I would add that changing minds — the purpose of debate — is impossible if you value thinking you're right over being right.

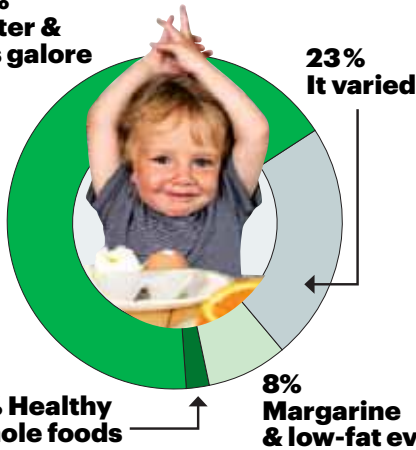
So maybe I should be asking for your effort to understand me, if you can muster it. Even on my angriest of days, I'd rather be wrong than ignorant.

POLL: IS BUTTER BETTER?

It's been the conventional wisdom for half a century: Fat is fatal. But McMaster University researchers analyzed dozens of past studies and found no link between saturated fats — the tasty ones found in meats, butter and eggs — and death from heart disease, diabetes or stroke (trans fats are another story). It's the latest in a litany of studies reaching the same conclusion. We asked our readers if they've rethought the fats they feed their families.

WHAT DID YOU EAT GROWING UP?

67%
Butter & fats galore

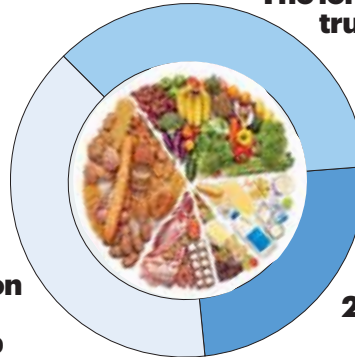


How do you feel about the often changing 'official' dietary advice?

36%
I no longer trust it

40%
I pay attention & try to keep up

24%
I've never cared



Have you changed your approach to fat?

32% I've always eaten saturated fat. Butter forever!

29% I watch my saturated fats more now.

15% I don't think about types of fats.

14% Thanks to research, I've been eating more saturated fat again. Butter is back!

10% I've been following a low-fat diet for life.



990
RESPONDENTS

Answer our poll every Friday at metronews.ca

We need a new approach to health-care unions

HALIFAX MATTERS

Stephen Kimber



One would like to believe Nova Scotia's newly installed Finance Minister Randy Delorey meant it.

Last week he told union leaders representing teachers, health-care workers, paramedics and assorted clusters of government employees he wanted to meet to discuss a "new approach" to collective bargaining. There are more than 300 collective agreements slated for renegotiation this year.

Lord knows, a new approach is needed.

Last March, Premier Stephen McNeil's provincial government unilaterally ended a strike by home-care workers by declaring them all essential — even though

it continues to pay them as if they are disposable and interchangeable.

A month later, it did the same with then-Capital District nurses, even as it extended the law to cover a much larger group of health workers as essential. The unions are challenging that law in the courts.

Then last September, as part of the health-care merger, the McNeil government passed a law determining which health-care workers could belong to which union.

But the backlash was so intense that the government was embarrassed forced to pivot six months later, and accept the unions' initial proposal to bargain collectively as a council.

That said, Delorey is a fresh face and has a reputation for problem solving. But his letter to union leaders

leaves little to the imagination about where the government is coming from and what it hopes to accomplish.

Nova Scotia, he says, faces a "stark" fiscal reality, which he blames on workers, whose salaries and benefits represent the "single largest expense the province and public-sector employers face." His government's goal is to "reform our finances in order to safeguard the services Nova Scotians rely upon." But since "we have heard loud and clear from Nova Scotians that taxpayers are not interested in contributing any more," the government's unstated goal appears to be to gut its collective agreements with workers.

New approach?

As Nova Scotia CUPE president Danny Cavanagh mused, workers may wonder why the government is exclusively targeting its

The government's unstated goal seems to be to gut its collective agreements with workers.

employees when "university presidents are paid a full salary for sitting at home doing nothing" and the province is "handing the Royal Bank \$22 million."

Delorey's meeting with the unions is slated for Tuesday. We shall see.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster.

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PHILOSOPHER CAT
by Jason Logan





Danielle Honsberger has received two noise complaints from the City of Pickering regarding her three children, ages 11, nine and seven, for being too loud in their backyard swimming pool. She says they are only home from about 4 to 6 p.m. each night to swim in the pool. SABRINA BYRNES/TORSTAR NEWS SERVICE

Backyard fun: Quiet the dilemma

NEIGHBOURS

Complaints escalate the situation, so try having a conversation

Many would consider the sound of kids gleefully playing outdoors a natural soundtrack of the summer.

But one family in Pickering, Ont., located east of Toronto, was told the sound of their kids splashing in their backyard pool was deemed unreasonably disruptive by a neighbour.

On the very first day of summer vacation, Danielle Honsberger said she received a card from the municipality concerning a neighbour's noise complaint. It was later followed by a formal written notice.

"We didn't even know that we had offended anybody,

and if they had spoken directly to us, we could have avoided this whole situation," said Honsberger, a mother of three children, aged seven, nine and 11.

"I would have been embarrassed and very respectful and been on the noise right away — but they never gave us that opportunity.

"I am a parent who is very present and very mindful of how we are heard in the community."

Across the country, municipalities are frequently forced to intervene when residents file complaints about noise disrupting their peace and quiet.

In Ottawa, officials say a total of 6,152 noise-related complaints were filed to the city between the beginning of the year and Aug. 11, with just under half related to loud music and about 1,500 loud shouting.

In 2013, Saskatoon received 1,694 noise complaints and



We didn't even know that we had offended anybody, and if they had spoken directly to us, we could have avoided this whole situation.

Danielle Honsberger

1,268 complaints specifically about noisy parties.

While statistics were not available, Winnipeg officials said most noise complaints in that city are typically about the roar of construction machinery and neighbours' air conditioners.

Susan Logan, executive director of the non-profit Mediation & Restorative Justice Centre in Edmonton, said neighbour disputes represent the largest percentage of their caseload.

Issues arise all year long, from complaints over placing snow on a neighbour's lawn — or simply not shovelling — to overgrown trees, she said.

Complainants are encouraged to approach their neigh-

bour about their annoyances rather than leaving the task to an outsider.

"If you got a letter in the mail that said: 'One of your neighbours has an issue and would you like to call us so that we can talk about it,' you're going to be defensive right (from) the beginning," Logan said.

"We're trying as much as possible to set a stage from the very beginning that's a stage of collaboration."

Eva Malisius, program head of conflict analysis and management programs at Royal Roads University in Victoria, B.C. said the first step towards resolving a dispute over noise should involve telling a neighbour directly how

they've been affected by the disruption.

"Just having that opportunity to hear the other side, usually, neighbours are very open to that. If you do file a complaint, that already escalates it," Malisius said.

Failing that, many communities offer mediation services with a neutral third party offering help, she noted. If all of those steps don't lead to success, then a formal complaint can be an option.

Mediators generally don't try to convince either neighbour that they're right or wrong, Logan said. Instead, they focus on having each side reflect on the situation and determine whether they'd like to address the issue further.

"We try to move people from a position on something — so 'You have to cut the tree' — to a position of 'Why would cutting the tree be of value?' And: 'Is there an alternative to cutting the tree?' Logan said.

"Just going over to your neighbour and saying: 'This is what I want you to do,' or 'This is what I need you to do' isn't going to help the situation."

Kim Thompson, manager of Pickering's bylaw enforcement services, confirmed that an official complaint has been filed about the Honsberger family but wouldn't go into details about the case. She said no charges have been laid.

"In general, if there's a noise complaint during daytime hours, the complainant has to indicate that they can hear the noise when they're inside their house with all the doors and windows shut," Thompson said.

Honsberger said she hasn't heard anything further from the city or the complaining neighbour, and maintains that the family have and will continue to use their backyard in a "respectful manner."

THE CANADIAN PRESS

ECONOMY

Most Canadians don't feel better off since last election, poll finds

Chris and Mariana Thomson don't believe they're better off in the four years since the federal Conservatives captured a majority government in 2011.

The Toronto couple, Chris, 40, a medical adviser for a pharmaceutical company and Mariana, 36, a medical writer, have seen soaring costs for everything from utility bills to food, clothing and transportation, but their paycheques are barely keeping pace.

"Housing prices have gone up and our salaries have not gone up equivalently, and that's been the biggest hit for us," Chris Thomson said in an interview as he and his wife went for a walk with their nine-month-old daughter, Stella.

The Thomsons are similar

“Who would vote for them if they feel they're worse off now?”

Lorne Bozinoff, president
Forum Research

to the majority of Canadians — 51 per cent — who recently answered “no” when a Forum Research poll asked them, “Are you better off now than you were in 2011?”

The poll, conducted earlier this month, found only 34 per cent of respondents said yes.

When the survey results are broken down by age, at least 50 per cent of Canadians ages

35 to 65 and older believe they aren't better off.

Forum Research president Lorne Bozinoff says the poll results may not bode well for the Conservatives in the federal election this fall.

Forum's findings suggest Conservative support in the election might be limited to that 34 per cent who truly believe they are better off than they were four years ago, he argues.

“Who would vote for them if they feel they're worse off now, when the government made the economy one of their key things?” Bozinoff argues.

Fifteen per cent of those surveyed said they don't know if they're better off now than in 2011.

The Conservatives have made the economy one of their key planks heading toward the Oct. 19 vote. Leader Stephen Harper's Conservatives have promised a balanced budget for 2015, though Jean-Denis Fréchette, the Parliamentary Budget Officer, says that's unlikely.

In a bid to help families with children, the Conservatives recently increased the Universal Child Care Benefit, adding new payments for children aged 6 to 17 and increasing payments for children under age 6.

Meanwhile, the Liberals are promising to scrap the Conservatives' new benefits and lower taxes for the middle class while hiking taxes for the rich.

The NDP is promising \$15-a-day daycare spaces that would be funded in part by modest corporate-tax increases.

TORSTAR NEWS SERVICE

+ 18 TO 34 YEAR OLDS EVENLY SPLIT

Student debt a concern

The number of 18- to 34-year-olds who believe they are better off since 2011 — 41 per cent — is equal to the number who say they are not better off, according to the poll. Liam

Crober-Best, below, who will begin studying at Sheridan College in Oakville, Ont. in September, has struggled to find part-time jobs and is expecting to be hit with massive student debt. TORSTAR NEWS SERVICE



UBREW co-founders Wilf Horsfall, left, and Matthew Denham salute the home brew trend in England; closer to home, there are plenty of ways to make your own pint of beer. GETTY IMAGES

Hops to it: Brew your own to save

FRUGAL FERMENTATION

Why craft beer at home? It's cheaper than bottled water

Kyle
Prevost
youngandthirty.ca



I have often said that if beer is an acquired taste, then you might as well acquire a taste for cheap beer.

Many brew aficionados would disagree with my assessment of adult beverage choice, claiming instead that something as precious as a lager, stout or ale should be savoured as a delicacy and that intense scrutiny should accompany every sudsy indulgence.

Luckily there is a solution that can satisfy both my quest for fermented frugality and the pristine palate of beer connoisseurs: brewing your own hops-filled masterpiece.

A five-gallon beer kit can be purchased for about \$30, depending on the recipe you want to brew. Add another \$10 for yeast and bottle caps, and the input costs will run you around

\$40. Five gallons is roughly equivalent to fifty-three bottles of beer. This gives us a per-beer cost of about 75 cents — that's cheaper than bottled water!

In much of Canada, even the cheapest discount beers cost \$1.40 per 341 ml serving. The “middle class” of beers such as Labatt Blue or Molson Canadian, often come in around \$1.60. This is of course assuming you're purchasing your poison of choice at a vendor and not in a bar or restaurant — where of course the per-serving cost skyrockets.

just under \$1,000 annually. Self-brewing by comparison could net you the same amount of beer (at a higher alcoholic content if that's what you're into) for \$9 a week, or \$468 over the course of a year. That's an annual savings of roughly \$532 — not counting any drinks you save yourself from purchasing in a bar or club.

There are some initial start-up costs and depending on how fancy you want to get, they can range from 50 bucks to more than \$200. As always, looking around online or checking out some used equipment can save you some hard-earned cash.

Often you can find brewing kits that have barely been taken out of the box when looking online, and as a one-time cost, it's definitely worth it if you use the kit for a couple of years.

There is no telling how much your own time vs. beer crafting enjoyment value ratio will play into our brewing equation. I know some people who love making their own beer so much that they would pay a premium to do so, while others see it as a little hobby that can help them stretch their entertainment budget. Take pride in your brewmaster skills and enjoy one for me this summer, Canada!



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OFFICE RELATIONS

Eleni Deacon



It's hard enough to take a compliment — but taking critiques can verge on intolerable. Even if it's just one so-so remark on an otherwise glittering performance review, less-than-fuzzy words can still sting. Some of us get defensive; some prefer outright denial. These dodges, however, don't help you improve. The purpose of constructive feedback is to steer employees toward better behaviour — so they won't need as much guidance in the future. Want to hear less criticism? Get better at absorbing it.

When you feel burned, it's tempting to scorch back. Argu-



Slow down and ask thoughtful questions to turn feedback into a productive conversation. ISTOCK

ments, eye-rolls, angry silence: These are all common — and understandable — responses to negative commentary. But

while retaliating is satisfying, it won't boost your standing in the eyes of your evaluator. Whether you're being addressed

during a planned meeting or an on-the-fly chat, take a moment before you react. Listen to the criticism — not your pounding

heart or the voices in your head formulating a slew of sarcastic rebuttals. By maintaining neutrality, you demonstrate that you have the maturity to self-assess.



The really tough part: recognizing when a bad grade is deserved.

As you're hearing the case, weigh its accuracy. Is there validity to the claims? This is the really tough part: recognizing when a bad grade is deserved. Rather than simply agreeing with what's being said, request clarification regarding what went wrong and how it can be corrected. Many managers are just as uncomfortable giving unfavourable feedback as those receiving it, and may want to rush the process. But by calming down, slowing down, and asking thoughtful questions, you can both leave

the conversation with concrete ideas for how to move forward.

This doesn't mean you must cheerfully agree when a critique is unfair or untrue. If you believe your low score isn't merited, explain the circumstances but avoid excuses. Acknowledge the bumps in your output — "I agree that project was not as polished as it could have been" — then outline the reasons for your lapse — "At the time I was juggling four clients and had no choice but to prioritize." By recognizing your own slip-ups, you can articulate the backstory without looking like you're trying to skirt blame.

Just as important as accepting pointers: putting them into motion. Post-discussion, prove your receptiveness by proactively targeting your professional weak points. Everyone has areas that need tweaking, and while it may be hard to hear about them, they shouldn't rouse shame. Be gracious during your dialogue, and follow up with prompt, visible action. Then at least when comes to weathering criticism, you'll get an A+.

PLAY TO YOUR STRENGTHS

3 easy steps to job happiness

Here's a fact that will surprise no one who has ever worked in an office: 50 per cent of people are unhappy in their job.

"Workplaces are really good at inducing stress and anxiety and fear and worry," says workplace well-being expert Michelle McQuaid. "They're not so good in bringing out the best in people."

That's why she's launching the global One-Week Strengths Habit Challenge starting Aug. 17. Just follow these three steps and you'll be on your way to kicking butt at your job and loving it.

1 Identify your strengths

When asked to list their top five strengths, most people have no idea what they're good at or what their best qualities are.

Fortunately there are lots of free strength-assessment tools online, such as the VIA Survey (viacharacter.org).

"It only takes 10 minutes, and it identifies your character strengths — so things like curiosity, humour, kindness, gratitude," McQuaid says.

2 Figure out how you already use your strengths

Once you nail down your top strengths, ask yourself how you're already using them.

"Think about the last time you were engaged and energized and enjoying your work," says McQuaid.

"Those are the moments you're using your strengths — that's why we feel good about them. By looking at those moments you can start to identify, 'So that's how my curiosity is being used in this role,' or, 'That's how I use kindness effectively at work.' And as you start to spot those, it becomes possible to think about how you can do a little bit more of that each day."

3 Develop a habit

The final step: Consciously use that strength. Every. Single. Day. McQuaid says that she's very curious, so when she was beginning to feel restless in her role as a global brand director, she decided to utilize her hunger for information by reading one new thing a day when she

first got into the office.

"Ten minutes is perfect to develop a positive habit, because it's excuse-proof — it's nothing. And you don't need anyone's permission — you don't need to change your job description to do it. You just need to be willing to stick with it."

Spending 10 minutes honing your own strengths at work will not only improve your attitude — it might land you a promotion.

"Do more of what you do best each day, and the other people around you can see the potential of what you have to offer as you go about your job," says McQuaid. "And in my experience that starts to open different opportunities for you as time goes by." RAQUEL LANERI/METRO NEW YORK



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+ EIGHT VERY WEALTHY SELF-MADE WOMEN

Richer than you and me

Forbes, the leader in decimating your self-esteem, has a new list of people who are better than you. This time around it's the "8 self-made women to look out for in 2015."

1) Jessica Alba — Actress and entrepreneur

2) Sandra Bullock — Actress, producer, entrepreneur

3) Cindy Monroe — Entrepreneur

4) Taylor Swift — Musician

5) Natalie Massenet — Journalist, entrepreneur

6) Lynn Jurich — Entrepreneur

7) Lisa Falzone — Entrepreneur

8) Angela Ahrendts — Businesswoman

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IN BRIEF

Brewers prospect first openly gay active player

A Milwaukee Brewers minor leaguer has become the first openly gay player on a team affiliated with Major League Baseball.

David Denson, with the help of former major leaguer Billy Bean, reached out to the Milwaukee Journal Sentinel to tell his story.

The 20-year-old first baseman plays for the Helena Brewers in the rookie Pioneer League. Bean, MLB's first Ambassador for Inclusion, disclosed he is gay after his playing career.

"Talking with my teammates, they gave me the confidence I needed, coming out to them," Denson told the newspaper. "They said, 'You're still our teammate. You're still our brother. We kind of had an idea, but your sexuality has nothing to do with your ability. You're still a ballplayer at the end of the day. We don't treat you any different. We've got your back.'"

"That was a giant relief for me," he added. "I never wanted to feel like I was forcing it on them. It just happened. The outcome was amazing."

On Sunday, the Brewers lauded Denson as a "highly respected member" of their family and "a very courageous young man."

"Our goal for David is to help develop him into a major league player, just as it is for any player in our system, and we will continue to support him in every way as he chases that dream."

THE ASSOCIATED PRESS

Jays swing past Yankees

MLB

Win pulls team back to within a half-game of AL East lead

Thanks to a little luck and a lot of good pitching, the Toronto Blue Jays staved off a sweep at the hands of the New York Yankees.

Drew Hutchison turned in his second straight strong start, and the top of the lineup made the most of a ball getting lost in the sun as the Blue Jays beat the Yankees 3-1 Sunday afternoon at Rogers Centre.

Toronto cut New York's lead in the American League East back down to a half-game with seven games left between the division rivals.

In 6-2/3 innings, Hutchison allowed just four base-runners on three hits, including a solo home run. The much-maligned right-hander with a 5-plus earned-run average struck out five to become the 14th pitcher in the majors to hit 12 victories this season.

Hutchison got there because the Blue Jays took advantage of their biggest break of the day, when Yankees left-fielder Carlos Beltran lost a fly ball in the sun in the third inning. Troy Tulowitzki ended up on second with what was later scored a double.

An RBI double by Josh Donaldson got the Blue Jays on the board, and a two-run shot by Jose Bautista, his 28th home run of the season, broke open an inning that could've been over.



Toronto Blue Jays starting pitcher Drew Hutchison stretches before his first pitch against the New York Yankees during the first inning in Toronto on Sunday. Hutchison pitched 6 2/3 innings, fanning five batters and allowing only three hits before leaving the game in the seventh to a standing ovation. FRED THORNHILL/THE CANADIAN PRESS

SUNDAY In Toronto

3	1
BLUE JAYS	YANKEES

Base-running blunders kept the Blue Jays from doing any more damage, as did Yankees starter Luis Severino, who struck out a career-high nine in his third major-league start.

Hutchison helped the Blue

Jays (65-54) make some more history of their own. He made it the 20th straight game that the starting pitcher allowed three or fewer earned runs, extending a franchise-record set Saturday.

The 24-year-old left to a rousing standing ovation from the sellout crowd of 46,792. Relievers Brett Cecil, Aaron Sanchez and Robert Osuna finished the Yankees (64-52) off to make the Blue Jays 15-3 since making a flurry of trades in late July.

THE CANADIAN PRESS

+ REMEMBERING 'THE DRIVE OF '85'

Jays pay tribute to first AL East championship team

Even 30 years later, the 1985 Toronto Blue Jays' playoff loss still stings.

The Blue Jays had finally gotten over the hump to capture the American League East with 99 wins. But the Jays ultimately blew a 3-1 ALCS series lead to the

Kansas City Royals to see their title dreams dashed.

The franchise's first division-championship was honoured Sunday at Rogers Centre. "The Drive of '85" got the full pre-game ceremony treatment Sunday afternoon before the Blue Jays faced the New York Yankees.

THE CANADIAN PRESS

ROGERS CUP

Murray edges past Djokovic; Bencic upsets Halep in finals

Andy Murray defeated Novak Djokovic 6-4, 4-6, 6-3 to win the US\$4.1-million Rogers Cup on Sunday, ending an eight-match losing streak to the world's top-ranked player.

Second-seeded Murray posted his fourth tournament victory of the year. He won \$685,200 for claiming the Rogers Cup for a third time after hoisting the trophy in 2009 and 2010. His three wins tie Djokovic, Rafael Nadal and Andre Agassi for second place all-time behind Ivan Lendl's six victories.

The two top seeds split the first two sets in a three-hour match in hot, muggy conditions at Uniprix Stadium. It played out with Murray serving at 3-1 in the third, already up a break.

A ferocious baseline battle went to deuce 10 times and Murray fought off six break points to all but put the match away.

Djokovic had two more break points in the final game, but Murray pounded two service winners and eventually won when Djokovic hit a ground

stroke long after a brief rally.

With the win, Murray will take over the world No. 2 ranking from Roger Federer for the third time in his career.

On the women's side, unseeded Swiss teen Belinda Bencic defeated Simona Halep 7-6 (5), 6-7 (4), 3-0 to win the Rogers Cup women's final

Andy Murray
THE CANADIAN PRESS



Sunday afternoon at the Aviva Centre.

The victory over the second-seeded Romanian capped a week of upsets for Bencic. She beat four of the top five seeds — including top-ranked Serena Williams in the semifinal — to claim her first Premier-Five level title.

Bencic earned US\$456,000 for her second career WTA Tour title.

Halep, who was looking for her fourth title of the season, earned \$227,640 as runner-up.

In the men's doubles final, twin brothers Bob and Mike Bryan defeated Daniel Nestor of Toronto and Edouard Roger-Vasselin of France 4-6, 6-3 10-6.

The women's doubles final was scheduled for later Sunday with third-seeded duo Bethanie Mattek-Sands and Lucie Safarova meeting fourth-seeded Caroline Garcia and Katarina Srebotnik.

THE CANADIAN PRESS



Belinda Bencic
FRANK GUNN/THE CANADIAN PRESS

Parapan Am Games about more than medal counts

PARAPAN 2015

Athletic successes inspire youth

Stephanie Dixon remembers returning home from the 2000 Paralympics in Sydney, and being unable to celebrate her successes with anyone.

Nobody knew what Paralympic sport was.

"Here, after having these Parapan American Games in Toronto, I know that none of our athletes will ever have to put their heads down coming home from competition," said Dixon, a former Paralympic swimmer and the assistant chef de mission of Canada's team in Toronto.

"They'll be able to raise their heads up high and be proud of their accomplishments. All of our athletes are being put in a position of being a role model and a hero in our country."

"And that just makes me so proud."

Canada set a target of finishing top-three in medals at the



A group of athletes watch a fireworks display at city hall in Toronto during the closing ceremonies.

DARREN CALABRESE/THE CANADIAN PRESS

Parapan American Games, that wrapped up Saturday. Mission accomplished. The team went one better, finishing second with 168 medals — 50 gold, 63 silver and 55 bronze. Brazil finished atop the table with 257 medals (109-74-74), while the United States was third with 135 medals.

But the victory of these Games wasn't just about medals won, but about the fans won over along the way. The victory was in the jam-packed crowd that watched Canada's wheelchair rugby team beat the U.S. for gold, and a similarly large and noisy crowd that cheered on Canada's wheelchair basketball teams, which both came away with silver.

"Who's to say that a young child living with an impairment hasn't been inspired by what they've seen on TV and decided to take up para-sports?" said

Craig Spence, communications director for the International Paralympic Committee. "You'll see next year in Rio a whole host of young British athletes who were inspired by the 2012 London Paralympic Games, and I think you'll see a similar situation here, Canadians who've been inspired by the performances of Aurelie Rivard will be wanting to compete."

"These Games will leave many legacies, but you don't judge them by the end of play tonight, but over the next 10 or 15 years."

These were the largest Parapan Am Games in history, with 1,600 athletes competing. Canada fielded its largest-ever team of 216 athletes, and the results showed. Among the highlights: Rivard, a 19-year-old from Saint-Jean-sur-Richelieu, Que., won six gold medals in swimming, and set a world record. THE CANADIAN PRESS

+ MEDAL COUNT

With the dust settled on the Parapan Am Games, Brazil finished atop the standings with 257 medals, while Canada finished second with 168 medals. Here is how the top five broke down.

Brazil: 109 (G) 74 (S) 74 (B)
Canada: 50 (G) 63 (S) 55 (B)
U.S.: 40 (G) 51 (S) 44 (B)
Mexico: 38 (G) 36 (S) 39 (B)
Colombia: 24 (G) 36 (S) 30 (B)

MOOSEHEADS

Two losses in friendly games

The sun may finally be beaming outside, but believe it not, it's also heating up inside the hockey rink, as Halifax Mooseheads prospects hit the ice for two pre-season games over the weekend.

But the Herd dropped both decisions, 5-4 in a shootout to the Cape Breton Screaming Eagles on Saturday night at the Halifax Forum, and then 5-1 to the Moncton Wildcats on the road Sunday evening.

Peyton Hoyt and Anthony Sorrentino both scored for Cape Breton during the shootout, while Danny Moynihan and Ilya Putintsev couldn't find the back of the net for Halifax.

Moynihan, however, did notch two in regulation, while Putintsev scored once and defenceman Cooper Jones added one of his own.

Top Mooseheads draft pick Arnaud Durandeaude had three helpers.

"Today we just passed the puck well, we seem to be seeing each other out there, and we finished a couple of goals, which was good," the 16-year-old forward told halifaxmooseheads.ca.

On Sunday, 17-year-old forward Blake Fudge of Conception Bay South, N.H., scored the lone goal for the Herd in the third period.

Halifax's pre-season exhibition schedule continues Saturday night with a game against the Charlottetown Islanders at the Rath Eastlink Community Centre in Truro. The puck drops at 7 p.m.

Forty-six players remain on Halifax's training camp roster, including 25 forwards, 14 defencemen and seven goaltenders.

KRISTEN LIPSCOMBE/METRO



Athletes from champion Brazil arrive for the festivities.

DARREN CALABRESE/THE CANADIAN PRESS

PGA CHAMPIONSHIP

Aussie Jason gets to have his Day in sun



Jason Day celebrates after winning the PGA Championship. JAE HONG/THE ASSOCIATED PRESS

Jason Day led wire-to-wire Sunday at Whistling Straits to close out a record-setting PGA Championship and capture his first major title.

The 27-year-old Australian finished at 20-under 268 to beat Jordan Spieth by three shots. Day is the first player to finish at 20 under in a major. Day shot 5-under 67, and never let Spieth get closer than two shots. Branden Grace finished third and Justin Rose was fourth. A nice ending to the major season for a player who has endured some close calls and his share of heartache.

At the U.S. Open in June, he fell during the second round. He had vertigo symptoms. But he played through the weekend and actually held a share of the lead after 54 holes before fading on Sunday.

At the British Open, he also was in the lead after 54 holes but ended up one shot out of a playoff. He closed the deal this time. This was Day's 10th top-10 finish at a major. He was tearing up as he waited to hit the tap-in putt that would seal the victory. He did it, then buried his face in his caddy's shoulder.

THE ASSOCIATED PRESS

+ LPGA

Canuck teen Henderson wins Portland Classic

Brooke Henderson, 17, won the Cambia Portland Classic by eight strokes Sunday to become the third-youngest champion in LPGA Tour history.

The Canadian from Smiths Falls, Ont., closed with a 3-under 69 at Columbia Edgewater to finish at 21-under 267.

THE ASSOCIATED PRESS



CHARITY ALEX MCLAUGHLIN MEMORIAL BASKETBALL TOURNAMENT

Tyler Richards of the Spurs tries to dribble past Mike Anderson of the New Brunswick Railsplitters on Sunday. The Spurs won 80-78. KRISTEN LIPSCOMBE/METRO

City set tone with Chelsea rout

PREMIER LEAGUE

Shaky start to season for defending champions

One point from two games. An unseemly spat with medical staff. A porous defence. A rival back to its rampant best.

The problems are piling up for Chelsea manager Jose Mourinho early in its Premier League title defence. In the first heavyweight showdown of the season, Chelsea was overwhelmed Sunday in a 3-0 loss at Manchester City that could have a lasting psycho-

SUNDAY In Manchester



logical effect among the two title favourites.

Sergio Aguero scored a stunning individual strike in the first half before Vincent Kompany and Fernandinho added goals in the final 11 minutes, as City displayed the kind of attacking swagger that took them to the title in 2014.

"Today we made the complete work," said City manager Manuel Pellegrini, who punched the air

with delight after the final whistle as a solemn-looking Mourinho headed for the tunnel.

City tops the fledgling standings on maximum points, ahead of Leicester and Manchester United on goal difference, while Chelsea is fifth from bottom after an uncomfortable start to the season.

Such was Mourinho's concern after a one-sided first half at Etihad Stadium that he removed captain and central defender John Terry at halftime, in order to add pace to his backline. It was the first time in 177 league matches that Mourinho has substituted Terry. "He was not dancing in the dressing room," Mourinho said, "but I can tell

+ ELSEWHERE

In Sunday's other match, Arsenal won its first match of the campaign by beating Crystal Palace 2-1 away, restoring confidence after opening with a surprise 2-0 home loss to West Ham.

THE ASSOCIATED PRESS

you that he was not having a bad reaction."

Chelsea has conceded five goals in two games — it drew 2-2 at home to Swansea on the opening weekend — and isn't looking as dynamic going forward. THE ASSOCIATED PRESS



City captain Vincent Kompany, right, celebrates after scoring. THE ASSOCIATED PRESS

IN BRIEF

Danish Dynaformer is victorious in Breeders Cup

Danish Dynaformer took the lead down the stretch and captured the 125th running of the \$500,000 Breeders' Stakes on Sunday afternoon at Woodbine Racetrack.

Danish Dynaformer, the 7/5 favourite, sat no worse than third at any point in the race as jockey Patrick Husbands earned his fourth career Breeders' Stakes win, tying him with Sandy Hawley and Robin Platts for most all-time.

Trainer Roger Attfield also earned his ninth Breeders' title, boosting his record for most wins by a conditioner.

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Prep time: 15 minutes
Cook time: 8 minutes

Ingredients

- 8 oz rotini (preferably whole wheat)
 - 2 cups sugar snap peas
 - 2 cups grape tomatoes, sliced in half
 - 3 oz crumbled feta cheese
 - 3 Tbsp fresh chopped dill
- Dressing
- 3 Tbsp olive oil
 - 3 Tbsp lemon juice
 - 1 Tbsp Dijon mustard
 - 1/2 tsp minced garlic

• Salt and pepper

Directions

1. Cook pasta in boiling water according to package directions. In last two minutes, add snap peas and cook just until crisp. Drain, saving 1/4 cup of the pasta water. Rinse pasta with cold water until pasta and peas are no longer warm. Add to serving bowl along with reserved water, tomatoes, feta and dill.

2. Add ingredients for dressing and mix well.

Nutrition per serving

- Calories 370
- Protein 12 g
- Carbohydrates 47 g
- Fibre 6 g
- Total fat 15 g
- Saturated fat 3.5 g
- Cholesterol 5 mg
- Sodium 400 mg

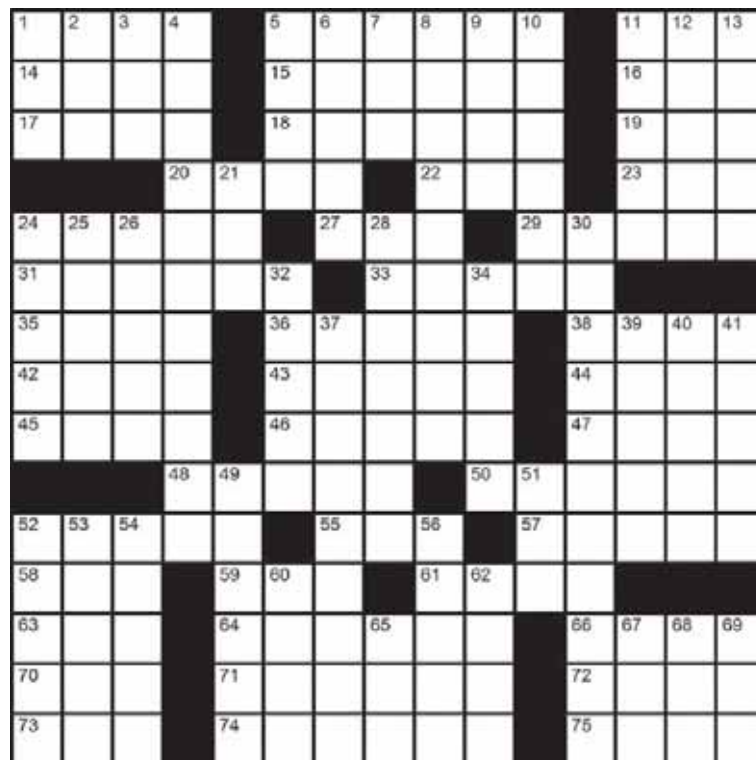
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

- "Fly _ Home" (1996)
- Security system device
- Corn throwaway
- Health club offering using mats
- Montreal 'star'
- 'Select' suffix
- Birthers of baby baa-ers
- Aerobics moves
- Canadian train name
- Jewellery material
- Red significance on a tap
- Sign-off
- Cleanse thoroughly
- Ouest's opposite
- Rob of "Melrose Place"
- "Sex and the City" character
- Overthrow
- Wipes
- Bearded, as wheat
- Sales slips, shortly
- Like/seemingly: 2 wds.
- Wounded by a bull
- "Dies _": Latin hymn meaning 'Day of Wrath'
- Ms. Wilson of "La Femme Nikita"
- France's longest river
- Not yet final, at law
- Marsh plants
- _ Thesaurus



- (Popular book of synonyms)
- There's one appearing in "I, Robot" (2004)
 - Body of water
 - Mr. Zimbalist Jr.
 - Tic-Tac-Toe losing row
 - Groove

- iPhone's voice-activated helper
- English _
- Exhibits buoyancy
- Colossal
- Dutch city
- Remove one's identity badge, perhaps
- Peru's capital

- Poivre's pal
- Paula Abdul once cheered for them
- Companies: Marketing or Accounting, e.g.

DOWN

- Nautically nae-not
- "Impressive!"

- Ripen
- Bit of #37-Down: "I'm going on down to _ / I'm going to join in a rock 'n' roll band..."
- Hawk
- Musical piece for Chopin
- _ sequitur
- Tourist

- Margarine
- One taking a break
- Spotted cat-like mammal
- Pertaining to sheep
- Necklace bits
- "Either he goes _ _ go!"
- Abandon
- Reason
- William _ (British remixer/producer)
- Break of day
- Buffalo _ (Pre-CSNY group)
- Bald _ (North American bird)
- Bovid bag
- Joni Mitchell song covered by CSNY about the same-named 1969 music festival
- Town _ (News-giver of yore)
- Flavour
- Earthquake
- Bawling out
- "Whistle _ the Lave Ot": Song by Scottish poet Robert Burns
- _ Notes (Literature aids)
- Rusty stuff, Iron _
- Traveller's lodging
- Awakened
- Forearm bone
- Web connectors, commonly
- Ginger beverage
- "American _" (1999)
- Little devil
- Meower

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
It's no big deal if you feel a bit left out. You are sending out signals to those around you that you don't want to be bothered too much and friends and colleagues are simply respecting your unspoken wishes.

Taurus April 21 - May 21
You will be put to the test and pass with flying colors. No matter how big the challenge you are big enough to meet it. You were born to lead and you were born to succeed.

Gemini May 22 - June 21
Some intense cosmic activity will encourage you to deal with events you usually avoid. Chances are you will deal with them so well, you'll wonder what all the fuss was about.

Cancer June 22 - July 23
The planets promise success and riches beyond your wildest dreams. Okay, so maybe it won't be quite that spectacular but it will be worth having. Don't get carried away though. What took so much effort to acquire won't take much effort to lose.

Leo July 24 - Aug. 23
A feud that has taken up too much time and energy must be resolved. Today's planetary set-up will give you the courage to make changes. Hopefully others will accept them.

Virgo Aug. 24 - Sept. 23
You like to be in control but that may not be possible today. If you are smart you will let others take the wheel. Yes, you will enjoy the ride.

Libra Sept. 24 - Oct. 23
You need to scale down your ambitions a bit. Don't think of it as giving up things you like, think of it as making more room for things you love.

Scorpio Oct. 24 - Nov. 22
If your private life is in a bit of a mess then now is the time to sort it out. The planets will help you make necessary changes but you have got to be honest with those you love. Don't just tell them what they want to hear.

Sagittarius Nov. 23 - Dec. 21
For some strange reason you seem to believe that you are not really good enough to compete at the highest level, but nothing could be further from the truth. You have so much talent at your disposal.

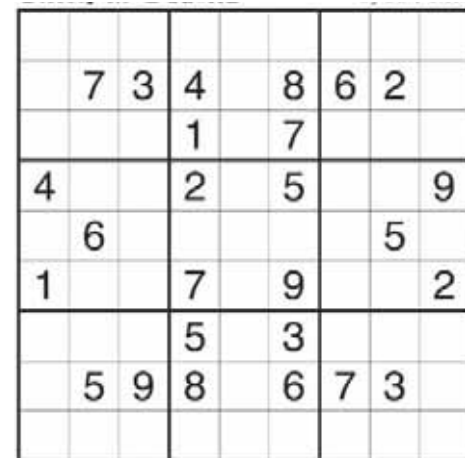
Capricorn Dec. 22 - Jan. 20
So many things are changing but the long-term results will be favourable. A week or so from now you will have a much more positive view of what is going on.

Aquarius Jan. 21 - Feb. 19
Do everything in your power to get along with partners, colleagues and employers. You must be willing to compromise, even if it means you get slightly less while they get more.

Pisces Feb. 20 - March 20
Personal matters are causing you a lot of concern and things are likely to come to a head when the Sun links with Saturn at the end of the week. Between now and then be good to yourself and get plenty of rest.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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